

Intermediate Youth Kayak Camp

Main Salmon "River of No Return"



Carey Creek



Corn Creek

Dates- July 8th - July 14th

August 1st - August 7th

Rapids- Class III / IV

Trip Length- 7 days

Trip Distance- 82 miles

Starting Location-

Sunbeam, ID

Age- High School Students

(15-18 years old)

Skill Level- Intermediate

Students must have previously completed a beginner kayak instruction course.

Cost- \$2200

Includes 7 days of professional instruction, a guided multi-day river trip, meals, camping accommodation, and all transportation to and from the river.

This summer, our intermediate kayak skills camp is the best possible adventure to develop your skills, build community, and explore Idaho's wilderness. Our whitewater kayak camp is a multi-day guided excursion with highly qualified kayak instructors and guides. In addition to enhancing core kayaking skills such as rolling, and reading and navigating river features, this camp builds on themes of leadership, swift water rescue, backcountry camping and wilderness first aid.

Youth will finish this program with greater technical skills, new paddling friends and mentors, enhanced river safety and awareness, and an unforgettable memory. The students will gain practical experience in decision making and how to play safely in the whitewater environment.



Professional, safe and knowledgeable kayak instructors



Homemade, responsibly sourced and delicious meals



Time to connect, play, learn and experience nature



Quality safety equipment and all camping gear



A supportive and safe learning environment to practice new skills



White Otter Outdoor Adventures is committed to providing a safe learning environment that supports confidence building, and fosters meaningful connections with nature.

Reserve Your Spot Today!

Contact us at [\(208\)788-5005](tel:(208)788-5005) | info@whiteotter.com

or visit www.whiteotter.com

Schedule Overview

July 8th or August 1st - Student drop off in Sunbeam at 12:00 pm, introduction to your instructors and practice run on the day stretch to ensure everyone has the proper gear and meets the skill requirements for the course. Camp in Sunbeam and prepare for the Main Salmon.

July 9th or August 2nd- 4 hour bus ride to the put-in, meet your river guides and group safety briefing on the river. Skills practice and introduction to camping in the wilderness.

July 10th-13th or August 3rd-6th- Full river days, practicing reading water, river navigation and personalized instruction. Side activities include group games, side hikes, natural hot springs, historical site tours, swimming, and team building exercises.

July 14th or August 7th- Take off the river, group reflection and closing ceremony, drive back to Sunbeam. Pickup campers in Sunbeam at 6:00pm.



Packing List



Swimsuit
Short Sleeve Shirt or Tank Top
Shorts
Sun Hoodie or Long Sleeve
Synthetic Fleece or Sweater
Long Pants
Long Sleeve Shirt
Rain Jacket
Sun Hat
Sunglasses
Warm Hat
Small Towel
Personal Toiletries
Headlamp
River Sandals
Tennis shoes or Hiking Boots
Sunscreen
Reading Material or Journal
Sleeping Bag



Kayak
Helmet
Personal Flotation Device (PFD)
Paddle
Spray Skirt
Dry Top

**if students don't have their own kayak equipment, they can rent anything they may need from White Otter.*

Frequently Asked Questions ?

What is the weather typically like?

On the Main Salmon, it is typical for daytime temperatures in July and August to reach into the 80's and 90's, and for night time temperatures to dip down into the 40's and 50's. Late August and September can see cooler temperatures. As we do operate in a mountain environment, it isn't impossible to see abnormal weather patterns either - such as snow in June or 100+ degree days in the middle of the summer.

What are the rapids like?

The Main Salmon has rapids that offer something for everyone. Most of the rapids on the river are pool-drop rapids, meaning that each rapid ends with a section of flat water. This is a great river for people to develop their whitewater kayaking skills.

The Main Salmon River is a natural and free flowing river - meaning there are no obstructions like dams. This means that the river flows can change drastically throughout the year, which ultimately affects the difficulty of the rapids. For the majority of the year, the river is categorized as a Class III river. There will be higher water levels for our July kayak camp than our August kayak camp.

What About Cameras and Phones?

One of our favorite aspects of this river trip is the opportunity to disconnect. We notice that students benefit immensely from giving themselves a reprieve from their technology. We will bring a camera on our trips to record memories from the trip. There is no cell-service in the backcountry so we highly encourage everyone to leave their phones at home.



What are the accommodations?

One of our favorite parts about the Main Salmon is its expansive white sandy beaches. Who would ever guess that Idaho could look so tropical? Each night we camp on a beach next to the river and together we set up tents, sleeping pads and sleeping bags for everyone. We know that camping might be a new experience for some people, and our guides and instructors are dedicated to helping all students feel safe, comfortable and competent when it comes to camping in the wilderness. We will provide the tents and sleeping pads, and students are encouraged to bring their own sleeping bag if they have one. Otherwise, we are happy to provide sleeping bags for anyone who needs one.

Where do we go to the bathroom?

In an effort to protect and preserve the beauty and health of the river corridor, the Forest Service requires that all groups "pack it in, pack it out". This means that we bring our own river toilets and set them up at a discrete location at each camp. We also provide hand washing stations in an effort to maintain health and hygiene. While the prospect of pooing in the woods can be intimidating, you might be surprised by how incredible our mobile bathroom really is. If you haven't done this before, don't worry! We know that using portable river toilets can be daunting to some folks, but your guides are dedicated to providing you with all the information you need to feel safe and comfortable while navigating this aspect of your trip.

For Girls Specifically: We suggest that even if you aren't anticipating your period, come prepared with supplies. You can store your products in ziploc bags while on the river and dispose of them when you reach camp. We also suggest bringing some biodegradable baby wipes to improve backcountry comfort!

White Otter Guest Agreement

1. **I will come prepared.** I have read the Trip Information Packet and will arrive at our meeting location on time.
2. **I understand the risks.** My safety is ultimately my responsibility and I agree to act in a responsible and safe manner for the duration of the trip.
3. **I will wear a properly fitted personal flotation device (PFD) and a helmet** at all times while on the river.
4. **I will not partake in drugs or alcohol.**
5. **I will listen to and follow the guides' instructions at all times.**
6. **I will make a conscious effort to minimize my overall impact on the environment.**
7. **I will treat my fellow students and guides with respect.**

White Otter Policies

Deposit

25% of your total trip cost is due as a non-refundable deposit at the time of reservation.

Payment Method

Your full payment can be made via cash, check or credit card.

Balance Due

Your final balance must be paid in full by May 1st in the year of your reservation.

Cancellation / Refunds

White Otter Outdoor Adventures is a small business with a short operating season. Given the nature of our industry, if a reserved seat is cancelled, it is near impossible to resell with little notice. Therefore, all trip deposits are non-refundable. In the event that a student decides to cancel, they will be refunded the trip cost less the non-refundable deposit. IF White Otter Outdoor Adventures is able to fill the vacant spot prior to the launch date, the student will then be refunded 100% of their initial payment. In the event that White Otter Outdoor Adventures decides to cancel the course due to low enrollment, water levels, wildfires, weather events, river corridor closures or other unpredictable circumstances, your trip will be fully refunded. If your trip is cancelled by White Otter, please understand that we will try to give you as much notice as possible, however the nature of outdoor adventure can be highly unpredictable. Please be advised that if this course does not meet the minimum requirement of 12 registered students, White Otter Outdoor Adventures reserves the right to cancel the course and will offer 100% refunds to all participants.

Trip Insurance

Although we do not provide trip insurance, we highly recommend that all guests purchase a short-term trip insurance policy with a "Cancel For Any Reason" clause, in case of any cancellations or unforeseen events.

Scholarships / Financial Aid

White Otter Outdoor Adventures recognizes that there are economic barriers to participation in the outdoors, and we offer small scholarships for local participants who require a scholarship to help them participate in this course. If you would like to apply for a local's only low-income scholarship, please email info@whiteotter.com.